INVI	IKTA	Treatment Quick-Reference Guide				AESTHETIKA LASERS	
Skin Type	Setting	Face	Underarm	Arm	Torso	Bikini	Leg
	J/cm2	10 ↑	12 ↑	14 ↑	14 ↑	10 ↑	14 ↑
Female Skin type I-II	ms	9	10	12	12	9	12
	Hz	3-4 ↑	4-5 ↑	4-5 ↑	4.5 ↑	3-4 ↑	4.5 ↑
	J/cm2	8 ↑	10 ↑	12 ↑	12 ↑	8 ↑	12↑
Female Skin Type III, IV	ms	8	8	10	10	8	10
	Hz	3-4 ↑	4-5 ↑	4-5 ↑	4.5 ↑	3-4 ↑	4-5 ↑
Female Skin Type V,VI	J/cm2	5 ↑	6 ↑	8 ↑	8 ↑	5 ↑	8 ↑
	ms	5	6	8	8	5	8
	Hz	2-3 ↑	2-3 ↑	3-4 ↑	3-4 ↑	2-3 ↑	3-4 ↑
	J/cm2	10 ↑	10 ↑	15 ↑	15 ↑	8 ↑	15 ↑
Male Skin type I-II	ms	10	10	15	15	8	15
	Hz	3-4 ↑	3-4 ↑	4-5 ↑	4-5 ↑	3-4 ↑	4-5 ↑
Male Skin type III-IV	J/cm2	9 ↑	9 ↑	13 ↑	13 ↑	6 ↑	13 ↑
	ms	9 ↑	9 ↑	13 ↑	13 ↑	6 ↑	13 ↑
	Hz	3-4 ↑	3-4 ↑	4-5 ↑	4-5 ↑	3-4 ↑	4-5 ↑
	J/cm2	6	8	10 ↑	10 ↑	5	10 ↑
Male Skin type V-VI	ms	6	8	10	10	5	10
	Hz	3-4	3-4	3-4	3-4	3-4	3-4

NOTES:  $\uparrow$  = Titrate energy up as necessary based on the patient skin type and patient diagnosis. These are only guideline parameters based on skin type. Always test spot treatment area.



## **SHR PROCEDURE**



## **SKIN PREP**

- 1. Review the contraindications to be sure the patient is safe to treat.
- 2. Prepare the patient by informing them of the risks, benefits, and capabilities of the treatment.
- 3. Be sure that the patient has realistic expectations regarding the treatment.
- 4. All consent forms and photo releases must be signed and dated.
- 5. Take pre-treatment photos.
- 6. Cleanse the skin of any makeup or debris before treatment.
- 7. Ensure the treatment area must is cleanly shaved before treatment.
- 8. Document your patient's skin type, hair color, hair thickness, and treatment area.

## **SKIN TREATMENT**

- 1. Apply a thin, even layer of gel to the treatment area.
- 2. Divide the treatment area into 10x10 inch zones.
  - a. Only treat one treatment zone at a time.
  - b. If the treatment area is smaller than a 10x10 inch zone, treat the entire area at once.
- 3. Place the device into Ready Mode by pressing the "Ready" button.
- 4. Starting at the top left corner of the treatment zone, place the handpiece firmly to the skin, pull on the laser trigger (or step on the trigger pedal) and perform one pass of horizontal paintbrush movements over the treatment zone.
- 5. Release the trigger, reposition the handpiece again at the top left corner and perform one pass of vertical sweeps over the area.
- 6. Repeat this movement until you reach the clinical endpoint.
- 7. The clinical endpoint should be reached in 2-3 passes.
- 8. Move to the next treatment zone.

## IF ANY ADVERSE REACTIONS OCCUR, DISCONTINUE TREATMENT IMMEDIATELY AND CONTACT AESTHETIC PARTNERS USA